

## Region Progress Report September Data/October Activities

### Region 1 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Emergency Psych Respite</b>	Region 1 will provide this service.	<b>OPERATIONAL DATE: 8/01/05</b>	Currently, all 8 beds are full. To date, 30 consumers have been served through September '05.
<b>Local Crisis Response Team &amp; Emergency Community Support</b>	Region 1 will provide ECS and CRT in Scottsbluff, Banner and Morrill Counties.	<b>TARGET DATE: November 30, 2005</b>	Emergency Community Support is already well-established and underway. In FY06, 37 consumers have received services.  The LCRT is still in development. With the loss of our Emergency Services Coordinator, progress toward full implementation of the team has slowed.
<b>Acute &amp; Secure</b>	Regional West Medical Center is providing acute and secure services in Region 1.	<b>OPERATIONAL DATE: 7/01/04</b>	From July-September 2005, 6 consumers have been served by the Homeward Bound program at RWMC.
<b>Dual Disorder Residential</b>	Regional West Medical Center is providing this service.	<b>OPERATIONAL DATE: 10/31/05</b>	Dually licensed staff person joined the program on October 3, 2005. Double Trouble training was presented for staff and consumers on October 24-25, 2005. The dual diagnosis program at RWMC is now operational. Persons served will be reported in the November report.

## Region Progress Report September Data/October Activities

### Region 2 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Crisis Respite Beds</b>	Liberty House in North Platte, Nebraska is providing Crisis Respite Services.	<b>OPERATIONAL DATE: 1/1/05</b>	One consumer was served for a total of 2 nights.
<b>Acute Inpatient and Subacute for Commitments</b>	Richard Young Hospital and Great Plains Medical Center are providing acute and Subacute services for Region 2 consumers.	<b>OPERATIONAL DATE: 10/1/04</b>	Ten acute days for three consumers and 42 Subacute days for four consumers were served in September.
<b>Crisis Response Team</b>	Emergency Support program is a service of Region 2 Human Services.	<b>OPERATIONAL DATE: 2/1/05 7-1-05 (Region)</b>	Five potential EPC's were diverted to voluntary care through provider requests for assistance. One crisis response assessment completed for inmate.
<b>Emergency Community Support</b>	Emergency Support services are provided by Region 2 Human Services.	<b>OPERATIONAL DATE: 7/04 7-05 (Region)</b>	In September, eight new consumers were admitted. The program served 33 total consumers.  <u>Barrier</u> High need remains for transportation, medications, and housing—this is not a barrier but will become a problem if funds diminish.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Dual Disorder Residential beds</b>	CenterPointe is the provider and the contract was signed on February 24 <sup>th</sup> , 2005.	<b>OPERATIONAL DATE: 1/05</b>	In September, three consumers were served.
<b>Community Support</b>	Goodwill and Region 2 Human Services are the providers of this service.	<b>OPERATIONAL DATE: 12/04</b>	<p>28 consumers were served by Goodwill in September, fourteen of those were Medicaid Managed care—in addition, region-wide 208 consumers were served in substance abuse and mental health community support, 122 of those were Medicaid Managed care.</p> <p><u>Barriers</u> The demand for this service continues to be high which we see as strength not a barrier. Continued funding is a must for this service. Magellan sent a note about the inconsistencies reported last time. Will continue to try to work so that Community Support Workers time is not wasted in long phone calls and inconsistent information.</p>
<b>Medication Management</b>	Region 2 is providing this service.	<b>OPERATIONAL DATE: 12/15/04</b>	<p>350 consumers were served in medication management throughout the Region.</p> <p><u>Barriers</u> We cannot get all the people in who need to be seen—we are looking at ways to increase our capacity. We have a Psychiatric Nurse Practitioner doing her practicum with us and we hope that over time this will help us in our work.</p>
<b>Substance Abuse Short Term Residential</b>	St. Monica's and Touchstone are providing this service for Region 2.	<b>OPERATIONAL DATE: 1/05</b>	<p>Fifteen consumers were served.</p> <p><u>Barrier</u> Previous problems were connections back to the community during care. We have solved this problem by having one of our community support workers meet with individuals while they are in treatment. (see note below)</p>

<b>SERVICE TYPE</b>	<b>ACTIVITY</b>	<b>DATE</b>	<b>PROGRESS, BARRIERS, NEXT STEPS</b>
<b>Phase IIa Day Rehab</b>	Our Phase IIA funding was for Day Rehab.	<b>OPERATIONAL DATE: 4/1/05</b>	78 consumers were served for a total of 594 units.

In October, Region II Human Services had discussions centered on communication problems and solutions regarding clients and procedures were agreed upon to help all care providers increase the quality of care for clients. 85 people participated from North Platte, Lincoln, Grand Island, Kearney, McCook, Lexington, Ogallala and Imperial.

All new behavioral health reform programs are operational in our region. The housing dollars for vouchers are operational. The one time housing funding has gone out in an RFP and is due on October 31<sup>st</sup>. Supported Employment is operational in Lincoln County. NAMI and the Nebraska Mental Health Association are both active in the Region with participation from the Region and Regional programs. Consumers attended WRAP training in Kearney and we will meet with them in November to explore possibilities for more training. Consumer meeting will be held in McCook in November and in North Platte in December. Meetings are scheduled in Cozad, Gothenburg, and Lexington in November to meet with providers and consumers to discuss needs and services. Meeting held on new respite services in the region.

## Region Progress Report September Data/October Activities

### Region 3 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Acute Inpatient</b>	Richard Young Hospital and Mary Lanning Hospital are providing acute inpatient services for Region 3 consumers.	<b>OPERATIONAL DATE: 11/01/04</b>	29 consumers were served in acute care at MLH and seven were served through RYH.  <u>Barriers</u> Transportation is a barrier to dismissal from acute care. Additional barriers are waiting list for outpatient services, difficulty obtaining housing wavier program due to diagnosis criteria and obtaining medications. Additional challenges are the screening of participants who could possibly be in need of Regional Center care.
<b>Crisis Stabilization Unit (CSU)</b>			
• <b>Crisis Stabilization</b>	Mid-Plains Center for Behavioral Healthcare Services (MPC) has identified the Bauman Building site for the CSU and has started renovations.	<b>TARGET DATE: 12/1/05</b>	The Crisis stabilization unit continues to wait for bed based services pending the relocation of the Day Treatment Program from the Bauman Building. 24 consumers received face to face triage at the CSU. The CSU has hired four additional staff members to enhance the 24 hr. crisis and assessment services. Space has been prepared to operate the 24/7 staffed mental health triage center. This project will offer risk assessments, crisis intervention, and some respite. The philosophy of this is to provide law enforcement and consumers in crisis with face-to-face assessments, interventions, and when necessary therapy services. Additionally, the staff will aid in coordinating support services for consumers after de-escalation which may include emergency community support or referral for outpatient and residential programs.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
• <b>Psych Respite</b>	MPC continues their renovations for the bed based services.	<b>TARGET DATE: 12/1/05</b>	Psych Respite will be open 24/7 by Nov 1 <sup>st</sup> , please see above.
• <b>Medically Assisted Detox</b>	The CSU will be located at MPC current outpatient site with the renovations beginning in June 2005 and a projected service delivery date by 11/1/05.	<b>TARGET DATE: 1/1/06</b>	Medically assisted detox is pending the renovation of bed based services.
• <b>Urgent Outpatient</b>	MPC provides this service through their outpatient clinic. Evening hours have been extended to increase access.	<b>OPERATIONAL DATE: 11/1/04</b>	Urgent Outpatient Services served 11 consumers in the month of September.
• <b>Emergency Community Support</b>	Goodwill Industries of Greater Nebraska provides service along with Region 3 and Mary Lanning Hospital.	<b>OPERATIONAL DATE: 1/1/05</b>	Goodwill Emergency Community Support served 38 consumers during the month of September.  <u>Barrier</u> Accessing services for participants in very rural areas of Region 3.

<b>SERVICE TYPE</b>	<b>ACTIVITY</b>	<b>DATE</b>	<b>PROGRESS, BARRIERS, NEXT STEPS</b>
<ul style="list-style-type: none"> <li><b>Crisis Response Team</b></li> </ul>	Three Crisis Response Teams are operational across the entire region. Training and networking with area law enforcement has occurred.	<b>OPERATIONAL DATE: 10/1/04</b>	62 consumers were triaged from 8 different counties in the Region 3 area. 34 of these consumers were seen for a face to face consultation either through the CSU or the CRT.
<ul style="list-style-type: none"> <li><b>Crisis Med Management</b></li> </ul>	MPC provides this service through their Crisis Stabilization Unit.	<b>OPERATIONAL DATE: 12/1/04</b>	57 were served in the Crisis Medication Management program.
<ul style="list-style-type: none"> <li><b>Drop-In Center</b></li> </ul>	Drop-In Center is currently operational in the MPC Bauman Building Monday through Thursday. 24 hour services will begin in the fall of 2005.	<b>OPERATIONAL DATE: 1/1/05</b>	The CSU had 11 consumers at the Drop in Center.
<b>Dual Disorder Residential</b>	Catholic Charities is developing Dual Disorder Residential treatment services in Columbus for both Regions 3 and 4.	<b>TARGET DATE: 12/15/05</b>	The construction and renovations have taken more time than initially thought and work continues on the renovations. Catholic Charities continues to develop their staff pending the completion of the remodel.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Community Support – MH And SA</b>	Goodwill Industries and South Central Behavioral Services have expanded their Community Support MH and SA services to cover all of Region 3.	<b>OPERATIONAL DATE: 1/01/05</b>	SCBS served 24 consumers in Hastings and eleven consumers in Kearney through community support MH, and fifteen consumers in Hastings and eleven consumers in Kearney through community support SA. Goodwill served 26 in MH and thirteen in SA through additional dollars.
<b>Medication Management</b>	Region 3 is contracting with RYH in Kearney, the Lanning Center in Hastings, the Lanning Center working through South Central Behavioral Services in Kearney, and Mid-Plains Center in Grand Island regarding the provision of this service.	<b>OPERATIONAL DATE: 5/1/05</b>	176 consumers were served in Medication Management.  <u>Barriers</u> Accessibility of medication through prescription card programs and the availability of others to assist consumers in finding and completing the necessary paperwork. In addition to the difficulty with the needed paperwork, consumers are looking at a longer wait list to be seen by a provider because of the high demand for medication management programs.
<b>Psych Residential Rehab</b>	South Central Behavioral Services, Able House is providing this service for Region 3 consumers.	<b>OPERATIONAL DATE: 1/01/05</b>	One additional consumer was served through the additional funding, Able House remains at capacity.



<b>SERVICE TYPE</b>	<b>ACTIVITY</b>	<b>DATE</b>	<b>PROGRESS, BARRIERS, NEXT STEPS</b>
<b>Short-Term Residential</b>	Region 3 has expanded the contract with Behavioral Health Specialists/Seekers of Serenity for the provision of additional STR services.	<b>OPERATIONAL DATE: 1/01/05</b>	SOS has served one additional consumer through the expanded funding.
<b>Crisis Respite/ Acute Inpatient (Voluntary)</b>	Service will be provided by RYH of Kearney and will serve the western portion of Region 3.	<b>OPERATIONAL DATE: 9/01/05</b>	RYH served 4 consumers in crisis respite.
<b>Telemedicine</b>	Region 3 purchases time on existing hospital network and has purchased mobile telemedicine equipment for Com. Support, Emergency Com Support, and Crisis Response Team providers.	<b>OPERATIONAL DATE: 6/15/05</b>	11 video phones have been distributed to ERCS, Community Support, CRT members including law enforcement across the region. Region 3 will host a quarterly work group meeting regarding the utilization of the new service.

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Day Rehabilitation</b>	Region 3 is contracting with South Central Behavioral Services (SCBS) to develop Day Rehab services in Kearney. SCBS has formed a Participant Council to provide recommendations and input for the development and operation of the program.	<b>OPERATIONAL DATE: 7/05/05</b>	Unity House served a total of twelve consumers in September
<b>Halfway House</b>	Region 3 is contracting with South Central Behavioral Services to expand their half way house services through the Freedom House in Kearney.	<b>OPERATIONAL DATE: 5/01/05</b>	1 additional consumer was served at Freedom house for a total of eleven, reform dollars also assisted in paying for additional staff to meet Medicaid criteria.

## Region Progress Report September Data/October Activities

### Region 4 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Acute/Subacute</b>	Region 4 has written confirmation from FRHS that they are planning to provide acute services but cannot do so until space is renovated to accommodate 9 additional beds. They currently have 13 EPC beds.	<b>TARGET DATE: FRHS 10/1/06 Region 4 3/1/06</b>	<p>FRHS target date for acute service implementation continues to be October 1, 2006.</p> <p>Barriers: A number of departments/offices must be moved before renovations can begin to bring up new beds. FRHS does not want to mix EPC and acute patients.</p> <p>Region 4 has contacted Telecare; the 88 admissions to NRC from Region 4 per year do not justify enough beds (7-8) to make a free standing unit feasible.</p> <p>Region 4 is currently discussing possibility of partnering with Region III to provide Subacute/residential services.</p> <p>Also discussing possibility of using 30 beds at NRC for this on a temporary basis. This would be similar to the residential services currently provided by HRC.</p>
<b>Crisis Response Team</b>	Region 4 has contracted with Behavioral Health Specialists (BHS) in Norfolk area/Madison County.	<b>OPERATIONAL DATE: 8/1/05</b>	<p>Program has been implemented. Law enforcement has given positive feedback since implementation. First Emergency System meeting was held on October 13. Five total assessments were conducted in September, one person was EPC'd immediately and one person was EPC'd at least seven days after assessment was done.</p> <p>Region 4 Emergency System Coordinator will be meeting with the Madison Co. Attorney to implement outpatient commitments. Implementation is anticipated by January 1, 2006.</p>

<b>Emergency Community Support</b>	Region 4 has contracted with Heartland Counseling for this service in northeastern Nebraska.	<b>OPERATIONAL DATE: 3/1/05</b>	Total number of persons served to date is 26; number served in September is eight.
<b>Emergency Stabilization</b>	Region 4 has contracted with Catholic Charities for this service.	<b>TARGET DATE: 12/1/05</b>	Construction / renovation continue at the Catholic Charities site in Columbus. Anticipated implementation date is December 1, 2005 or shortly thereafter. Staff will be trained November 15 – 30.
<b>Psych Res Rehab</b>	Region 4 has contracted with Catholic Charities for this service	<b>TARGET DATE: 12/01/05</b>	Construction/renovation continues at the Catholic Charities site in Columbus. Anticipated implementation date is December 1, 2005 CC staff has met with Region 4 staff, NRC staff and FRHS staff regarding referrals. Four persons at NRC have been identified as appropriate referrals to date.

<b>Community Support</b>	Region 4 has contracted with Catholic Charities/Heartland Counseling for this service in the Columbus area and Northeastern counties.	<b>OPERATIONAL DATE: 3/1/05</b>	Catholic Charities served 12 consumers to date; eight in September.
<b>Crisis Respite</b>	Region 4 has contracted with R Way, Rainbow Center, & Liberty Centre for this service.	<b>OPERATIONAL DATE: 3/15/05</b>	Liberty Centre served five consumers in September; nine total. Rainbow Center served 0 in September; one total.
<b>Dual Disorder Residential</b>	Region 4 has contracted with Catholic Charities for this service.	<b>TARGET DATE: 12/1/05</b>	Construction / renovation continue at the Catholic Charities site in Columbus. Anticipated implementation date is December 1, 2005. Staff will be in training November 15-30. CC staff have met with Region 4, NRC and FRHS re: referrals.
<b>Day Rehab</b>	R Way, Rainbow Center, & Liberty Center received funds from Region 4 to expand capacity.	<b>OPERATIONAL DATE: 3/15/05</b>	To date 52 consumers have been served; 38 in September.
<b>Med Management</b>	Faith Regional Health Services is the contracted provider for this service in Region 4.	<b>OPERATIONAL DATE: 3/15/05</b>	To date 21 people have been served; six in September.
<b>Phase IIa Community Support</b>	Additional Community Support in 5 locations in the Region.	<b>OPERATIONAL DATE: 3/15/05</b>	To date 172 persons have been served; 138 in the month of September.

Additional information:

- Emergency System/Network Coordinator has met with NRC social workers weekly and as necessary to facilitate discharged from NRC. She has also met with Mary O'Hare from the Division regarding referrals to NRC from FRHS/Region 4 and discharges from NRC.

- Since strength-base assessments were implemented with NRC discharges:
  - 60      Persons have been discharged
  - 8        Persons are discharge ready with placements in place
  - 7        Persons are difficult to place; appropriate discharge plans continue to be explored
- Commitments to NRC are down 29% for the first four months of this fiscal year compared to last fiscal year.
- Significant work is being done to infuse the Wellness and Recovery philosophy in the Region 4 Network. The Region is working with the Mental Health Association on the following activities:
  - Anti-Stigma presentations will be made to various stakeholder groups over the next 2 months: Region 4 Advisory Committee (with an invitation to consumers, consumer groups and family groups in Region 4 to attend), the Region 4 Governing Board, Region 4 providers.
  - Region 4 has ordered 100 copies of The President's New Freedom Commission on Mental Health: Executive Summary, Transforming Mental Health Care in American: the Federal Action Agenda: First Steps and Freedom to Choose: Transforming Behavioral Health Care to Self-Direction. Copies will be distributed to all Region 4 employees, Advisory Committee Members and Region 4 Network providers. Network providers will be encouraged to order copies to distribute to their board members, consumers and consumer family members.
  - The goal continues to be not only increased involvement of consumers at all levels, but empowerment of consumers to develop and participate in self-directed care.

## Region Progress Report October 2005

### Region 5 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Assertive Community Treatment Team	Providers: The Community Mental Health Center (CMHC) of Lancaster County, Lutheran Family Services, and CenterPointe	<b>OPERATIONAL DATE: 7/1/05</b>	<p>Six consumers have been enrolled in ACT as of 9/26/05. Five additional consumers have been approved by Dr. Bremer for admission (3 have received Magellan authorization).</p> <p>Program continues to utilize suggestions on the daily meeting and assessment process on new admissions to ensure fidelity to the program model.</p>
Emergency Community Support/Crisis Response Teams	Providers: Blue Valley Mental Health Center, Lutheran Family Services, and Houses of Hope	<b>OPERATIONAL DATE: 5/1/05</b>	<p>Emergency Community Support served 38 consumers in September 2005.</p> <p>The Crisis Response Teams became operational effective 10/10/05 but to date has not received any calls.</p> <p><u>Barriers</u> The Emergency Community Support program has not received repeat admission referrals from CMHC. A meeting was held between the TASC program director, Region V Director of ER services, and CMHC staff to clarify the referral procedures for repeat admissions to the Crisis Center.</p> <p>The director/coordinator of the Crisis Response Teams has communicated with several departments all of which have the crisis response number implemented into their protocol. The director will continue to send memos to law enforcement agencies as a reminder that the new service is available. Magnets with the crisis response phone number and basic procedures may be distributed to law enforcement, as well.</p>
Phase IIa		<b>OPERATIONAL</b>	Short-term residential at Touchstone served 3 people during the

<p>Community Support MH, Halfway House, Short Term Residential, Community Support SA, Therapeutic Community, Dual Residential</p>		<p><b>DATE:</b> <b>5/1/05</b></p>	<p>month of September. Two were admitted in the month of August, but discharged in September and one was admitted in September and remains in treatment.</p> <p>No persons were served in the short-term residential beds at Cornhusker Place during the month of September.</p> <p>Two persons were served in the expanded Therapeutic Community capacity at St. Monica's.</p> <p>Twenty individuals were served through the expanded Community Support-MH capacity at CMHC in September.</p> <p>Seven individuals were served through the expanded Community Support-SA capacity at CenterPointe in September.</p> <p>Two persons were served in the expanded capacity at CenterPointe's Dual Residential program.</p> <p><u>Barriers</u> Cornhusker Place indicates limited referrals from the Regional Center as a barrier. They have had a total of three referrals; two of these referrals were deemed inappropriate (one due to legal problems and the other due to medical issues) by Cornhusker Place staff. The other consumer entered a different treatment program. The above mentioned person that was initially not admitted due to legal problems was referred again and due to resolution of the legal concerns was admitted to treatment at Cornhusker Place. To address the limited referrals, Cornhusker Place and Region V continue to communicate with staff at the RC regarding bed availability. Region V is also having staff at other short-term residential treatment agencies refer to Cornhusker Place if they do not have the capacity to serve referrals.</p>
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## Region Progress Report September 2005

### Region 6 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
<b>Community Support</b>	Service providers: Catholic Charities, Friendship Program and Lutheran Family Services	<b>OPERATIONAL DATE: 12/04</b>	<p>Catholic Charities served thirteen consumers in September.</p> <p>Lutheran Family Service served fifteen consumers in September.</p> <p>Friendship served twelve consumers in September.</p> <p><u>Barrier</u> Overall number of referrals needing treatment specialized for substance abuse indicates ongoing need to continue enhancing those services-many are not SPMI</p>
<b>Day Rehab</b>	Service provider: Community Alliance Friendship (added)	<b>OPERATIONAL DATE: 12/04</b>	Community Alliance served 49 consumers total.
<b>Psych Res Rehab</b>	Service provider: Community Alliance	<b>OPERATIONAL DATE: 12/04</b>	All of the current beds for Psych Res Rehab are full. A total of 31 consumers have been served through the twenty reform slots. Community Alliance is working on adding 10 additional beds by moving consumers into independent living with intensive community services.

<b>ACT</b>	Service provider: Community Alliance	<b>OPERATIONAL DATE: 12/04</b>	Fifteen people have been served to date.
<b>Emergency Community Support</b>	Service Provider: Salvation Army	<b>OPERATIONAL DATE: 1/24/05</b>	Thirteen consumers were served in September.
<b>Dual Disorder Residential</b>	Service Provider: Catholic Charities	<b>OPERATIONAL DATE: 1/24/05</b>	Thirteen consumers were served in September.  <u>Barrier</u> Several clients have had MRSA (a contagious staff infection) which is a barrier for admission.
<b>Crisis Response Team</b>	Community Input Obtained from Dodge and Washington Counties	<b>TARGET DATE: TBD</b>	
<b>Sub Acute Inpatient</b>	Telecare	<b>Operational 9/30/05</b>	Thirteen consumers were served in September.  <u>Barriers</u>  Telecare-One of the barriers for Recovery Center is experiencing is the lack of understanding of Subacute and the difference between acute and Subacute.  Safe housing for an individual that has “burned bridges” in the community.  Region 6 is working on getting information regarding Subacute to the psychiatric community.
<b>Community Resource Center</b>	Discussion Among Key Stakeholders	<b>TARGET DATE: TBD</b>	

<b>Medication Management</b>	Service Providers: Catholic Charities and Lutheran Family Services	<b>OPERATIONAL DATE: 2/05</b>	Catholic Charities served three total consumers.  Lutheran Family Services served fourteen total consumers in medication management.  <u>Barrier</u> Occasional Problems arise with LB95 meds, but is overall much better. Primary issue is when this paperwork is not done upon discharge.
<b>Phase IIa Crisis Response Teams</b>	Additional funds are available for Crisis Response Teams in Douglas and Sarpy County.	<b>TARGET DATE: TBD</b>	